Oxfordshire Adult Learning

PROVIDED BY ABINGDON & WITNEY COLLEGE

community first oxfordshire 100 years

FREE *Online* **Course**

Bringing your Community Together

Develop your skills in order to work with others in making a lasting difference in your community

A course to inspire and help you strengthen neighbourliness, social action, and build a stronger community.

- **Strengthen communication skills**
- **Develop active listening skills and tools for creating listening communities**
- **Consider who may face barriers to community involvement and ways to overcome these**
- **Share experiences and problem-solving together in an atmosphere of trust**
- **Learn mentoring skills and how to challenge discrimination and resolve conflicts**

An opportunity to gain skills and tools to apply in your local community and in the workplace.

INTERESTED?

The online sessions will be delivered via Zoom

**PART ONE: Thursday 25 February to 25 March 2021
Either at (a) 12:00pm to 13:30pm or (b) 6:00pm to 7:30pm**

**PART TWO: Thursday 22 April to 20 May 2021
Either at (a) 12:00pm to 13:30pm or (b) 6:00pm to 7:30pm**

To reserve a place please contact either:

Rachel Woods, Community Connector, Community First Oxfordshire
Email: rachel.woods@communityfirstoxon.org
or Sue Funge, Curriculum Manager, Oxfordshire Adult Learning
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'Alone, we can do so little; together, we can do so much' (Helen Keller)