Community First Oxfordshire, founded in 1920, is a community development charity supporting and advising on community led action across Oxfordshire since, helping 4500 plus volunteers fulfil diverse roles in their communities. <u>www.communityfirstoxon.org</u>

Young people are our future community leaders. We are supporting schools, youth groups, guides and scouts, homeschools, churches and other faith groups, in giving young people opportunities to explore community, active listening, teambuilding and engage in all age community-based planning and social action.

Workshops include:

Be Community - love where we live, our story Listen Together - active listening skills Teams R Tops - team building Speak Up - public speaking & communication skills Create Together - campaign to change Make a Difference - community action

communityfirst

oxfordsh

Helping communities help themselves

For Information and Bookings

Email: <u>rachel.woods@communityfirstoxfordshire.org</u> Phone: 01865 883488

Community Building

Workshops with Young People

TOGETHER WE CAN...



For secondary schools, youth groups, scouts and guides, home schools, organisations, churches and other faith groups.

Active learning to build knowledge, confidence and key skills for engaging in all age community planning and social action, to strengthen and sustain community life.

MAKE A DIFFERENCE!

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Young People already contribute to community life and are our future community leaders. They need support to enhance core skills and experience in active listening, problem solving, teamwork, planning, leadership and social action projects.

Together We Can[©] (TWC) workshops are designed to give young people knowledge, skills and confidence for engaging in all age community planning and action. *Could you invite young people to join neighbourhood planning groups or set up a young people's forum for your parish council?*

TWC YOUNG PEOPLE'S WORKSHOPS

BE COMMUNITY Love where we live

Exploring community building and our sense of place; sharing story, what makes stronger, sustainable communities?, who can help?, working together for change.

LISTENING TOGETHER Active listening skills

Multi-sensory listening activities to develop listening skills and understanding which are key tools for engaging in effective community action.

PLANET HELP Climate action together

'ECO Networking' with other environmental initiatives to start new campaigns. **'Get Noticed! Environment Project'** - creative campaign

'Wellbeing Outdoors' - green space to 'be'





YOUNG PEOPLE BUILDING COMMUNITY...

TEAMS R TOPS Team building

Interactive Team building games, problem solving, identifying personal qualities, respecting and encouraging others.

CREATE TOGETHER Campaign to care

Dynamic collaborative projects to creatively communicate ideas and hopes for where we live, and to help others in the community.



SPEAK UP

Public speaking and communication skills

Develop confidence and skills for presenting ideas and campaigns in public.

IDEAS INTO ACTION Making a difference together

Put skills and ideas into action: planning and delivering a community action project, working with



Book a workshop or mix and match workshops to suit your context. Please See reverse for contact and booking details www.communityfirstoxfordshire.org/courses and workshops

